

BSIS at Home

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Tip of the Month

It is only the first part of February and already whispers of “Hurry, Hurry, Hurry” can be heard in the halls. Teachers and students alike are beginning to realize that the end of school is near and with it end-of-school tests. The 10 teaching weeks we have left seem all too short to pull it all together. As we all know, there really is never enough time to teach all we feel is necessary so we are incorporating several new systems in our teaching day to help kids learn independent thinking skills. Several times during the week you might see our math and literacy coaches working with small groups of students who need extra help for a variety of reasons. Often students just need a few minutes of one-on-one time to clear up misconceptions. Step in another room and you might see

the guidance counselor working with another small group of students helping them with testing skills. In nearly every teacher’s classroom individualized instruction is going on as teachers use data to find where each student’s weaknesses and strengths lie so those areas can be addressed. So, what can YOU, as parents, do to help educators as we work for the common of our children. 1. Ask specific questions. Your child is more likely to have an answer to “Who did you talk to today?” rather than “How was your day?”

2. Ask open-ended questions. Questions like, “How did you do that?” or “What would happen if?”

3. Help children develop critical thinking skills by responding to their questions.

4. Make sure children have a nutritious start to their day. Often pre-teens do not want to eat breakfast but research tells us a healthy breakfast is the most important meal of the day.

5. A good night’s rest and avoiding stress help the day start right. Though not always possible, it is a goal we all would love incorporate into our lives.

Parenting and teaching are hard work but together we can help our children be all they can be.

Upcoming events

- Feb 9—18 Book Fair
- February 13—normal school day—Valentine’s Day party—refreshments provided by PTO
- Feb 18 PE club
- Feb 19 March of Dimes (MOD) fundraiser dance 3:15—5:00
- Feb 20 MOD hat day
- Feb 24 Just Say No club
- Feb 26 Step Club
- Feb 26—6th grade Spill the Beans Coffee House; 5th grade art show has been cancelled.
- Feb 27 Agenda check day, MOD hat day, 5th grade Annual Youth Concert at the Memorial Auditorium
- PASS writing test March 10 and 11
- MAP testing Mar 92—27 except on PASS test days

Remember to check Teacher Ease for grades (www.teacherease.com) and School Notes (schoolnotes.com) for what is happening in your child’s classroom.

Odyssey lessons are also available on line for extra practice which is also fun.

All these sites (and more) are available on our website— www.bsisonline.com

The Boiling Springs High School Poetry Contest

The BSHS Poetry Contest is underway.

Requirements:

- 36 line maximum
- Any topic
- Does not have to rhyme
- Does not have to be

typed

Make sure the student has his / her name, teacher’s name, and school on the paper.

Entries are due to Fowler’s box by Friday, February 13th.

Winners will be notified by Wednesday, February 18th. The awards ceremony will be held at BSHS on Monday, February 23rd.

Backpack-tivity

[Finicky Eaters and What to Do About Them](#)

Too many parents accept the notion that children only will eat the type of foods listed on children's menus -- think chicken fingers and macaroni and cheese. By introducing kids early on to healthful, varied foods, parents can establish their own children's menus.

http://www.educationworld.com/a_issues/columnists/joy/joy012.shtml

[Restricting Less Healthful Snacks in School Improves Kids' Diets all Day](#)

New research says that if schools restrict the availability of less healthful snacks, kids will eat more fruits and veggies all day long.

<http://jn.nutrition.org/cgi/content/abstract/139/1/142>

[Place Value Card Games](#)

This game is played with cards from 1 to 9 from a deck of cards. Players draw a card at a time and try to create the largest 5-digit number possible. As each card is drawn, the player puts the card down in the ten thousands, thousands, hundreds, tens, or ones place. Once placed, a card cannot be moved. The player with the largest 5-digit number wins.

http://www.educationworld.com/a_admin/newsletter/math/

[Family Collage](#)

Make a list of words that describe your family. Words might include adventurous, active, understanding, loving, funny, and so on. Use a dictionary or thesaurus to find more words. Find in newspapers and magazines as many of those descriptive words as you can, cut them out and find pictures of activities your family likes to do. Arrange words and pictures on a piece of poster board. When you're satisfied with the arrangement, glue or paste the words to the poster board. Use crayons or colored pencils to complete your collage.

http://www.educationworld.com/a_curr/homework/pdfs/

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Reader's Theater: Scripts for Reading Aloud

[The Other Cinderella Story](#)

When Cinderella's stepmother and stepsisters announce the release of their new book about her childhood, their press conference reveals shocking "truths" about the would-be queen!

http://www.educationworld.com/a_curr/reading/ReadersTheater/

Historical Trivia

<http://www.ignitelearning.com/lessons/index.html>—
interesting web site.

Math: On February 1, 1972, Hewlett-Packard introduced the first hand-held scientific calculator, the HP-35. Today, scientific calculators and graphing calculators are important classroom tools. Ignite! Math has several lessons that introduce the functionality of the graphing calcula-

tor to students. Learn to use the calculator to graph tessellations.

Science: Charles Darwin was born on February 12, 1809. An English naturalist who wrote on a wide variety of subjects including the formation of coral atolls, earthworms, and barnacles, Darwin is best known for proposing and arguing for the theory of evolution by natural selection in the *Origin of Species*.

Social Studies: In the history of the United States, two presidents have been impeached: Andrew Johnson in 1867 and Bill Clinton

in 1999. Johnson was accused of exceeding his constitutional authority by removing Secretary of War Edwin M. Stanton from office. Clinton was accused of lying under oath and obstruction of justice. In both cases, the president was acquitted and remained in office. In an odd historical side note, both hearings were ended in the month of February. Use this lesson from our Early American History course to help your child compare and contrast the impeachments of Presidents Johnson and Clinton.

March of Dimes

We will have two MODimes Dances (fundraisers), one on February 19th and another on March 19th right after school 3:20-5:00. February's dance will be inside, March dance will be outside.

Symbolism

by Ryan Forringer

For me, my symbol is a book. Books tell many different stories with different emotions and meanings. Unless it is a series, rarely do books have the same stories. The voice, or sometimes even the theme can change at a point in some books. Not everyone likes the same book all the time, but it is close to impossible for every single person to dislike one book.

The term “you can’t judge a book by its cover” can very well be related to life. Some people misunderstand its purpose or meanings. At times it can be abused by people who are uncaring about what it has to offer and say. Books that give information may just want to help anyone who is willing to listen. It is almost impossible to tell what, where, when, or anything about a book before you take the time to read it. There is more than one way that a book

can describe someone with a personality like mine. At times, I can deeply feel certain emotions depending on the circumstances, much like a plot in a book. Much of the time I just wish to help others as much and as best as I can. Some people just don’t understand me the way I wish for them to. Occasionally, I am misunderstood by few, although I can be interesting and bring humor to many others.

State Superintendent’s Writing Contest

The following students participated in the State Superintendent’s Writing Contest: Irina Rezchenko, Peyton Menetti, Jeanna Rhodehamel, Lilli Turnage, Saray Huyues, Caitlyn Harrison, Griffin Dube, Nicholas Price, Maria Masalyka, McKinzie Angel, Andrew Bowden, Will Gordon, Diana Pigulko, Kaylyn King, Alex Domansky, Logan Stevens, William Hunt, Amy Wort, Lexie Likes. This year’s topic was Discuss how saving contributes to financial well-being. Why do you think it is important to start saving at your current age? All the students that participated were very creative and did a fantastic job expressing their ideas.

Peyton Menetti was our school winner and here is her article:

Saving for your financial well-being is an awesome idea! Whether it’s you or someone in your family, it is a superb choice to make. It can also relieve and eliminate much stress in the future.

One day, I would like to go to college at Clemson University. Saving money will help me to do just that. If I don’t save now, then I might not be able to afford it. Then I would have to get a student loan. Since it is really expensive to go to college, it would be very hard to pay it back. I would also have to pay interest.

Counselor’s Corner

If you want to meet a truly busy person, take time to introduce yourself to our Guidance Counselor, Tonya Stone—that is, if you can find her! Chances are she will be working with students somewhere in the building. She works with individual students and their special needs, she holds classes helping students learn and practice values important in society, she holds grief counseling classes, works with students to improve their test taking skills and gives other

strategies that help them succeed academically, she holds classes helping those students affected deal with separation and divorce in their families, while still doing all the paper work assigned to guidance counselors.

We want to take a moment to thank her for all her hard work as she puts students first in our school.

I’m sure Mrs. Stone joins us in looking forward to Mrs. Yates return from maternity leave!

I enjoy traveling to many different places. Right now my parents pay for all of the vacations that I go on. However, when I grow up, I’ll have to pay for them myself. It is very expensive to go on vacation to places like the Bahamas and Hawaii. I would have to pay for a room, for food, and for the flight ticket to get there and back. If I were driving, then I would have to pay for gas. Sometimes the most appealing and extravagant places are also the most expensive ones to go to.

If I get severely hurt in an accident, then I would need to pay for medical expenses. Insurance will usually only pay eighty percent of the hospital or doctor’s bill. If it costs twenty-thousand dollars to pay for medical expenses, you would still need to pay at least four-thousand dollars. A good idea is to keep a savings account at a bank for medical expense money.

Saving for my financial well-being is an excellent idea because it will help me later on in life. Whether it’s for college, a car, medical expenses, or even just for plain entertainment, saving adds up. If I start saving now, then I am planning for my future.

Special needs:

Teachers tell me they are running out of Kleenex, paper towels and hand sanitizer. Thanks for donating one to a teacher. You really run through a lot when 120 kids are using these daily in class.

5th and 6th grade are both planting seeds and/or bulbs for their units on plants and the environment. Bags of dirt would also be an welcome donation. (science lab)

Gratitude vs. Complaining

Who do you choose to be most of the time - someone who is grateful a lot or someone who complains a lot?

Which one you choose determines how happy or unhappy you feel.

"All happy people are grateful. Ungrateful people cannot be happy. We tend to think that being unhappy leads people to complain, but it is truer to say that complaining leads to people becoming unhappy." -- Dennis Prager

Have you ever known a happy person who wasn't grateful, or a grateful person who wasn't happy?

While we cannot always just choose to be happy, we can always choose to be grateful, which results in happiness. So we are choosing happiness when we choose to be grateful.

There is always something to be grateful about.

You can be grateful that you are alive and have opportunities to learn and grow and share love.

You can be grateful for the sun, the rain, the snow, the beauty of nature, the green of grass, the glory of trees, the color of flowers, the presence of animals, the food you eat.

You can be grateful that you have a computer on which to read this article.

If you have health, you can be grateful for that. If you have friends, you can be grateful for them. If you have a mate, children, a home, a car, a job, you can be grateful for them.

The more you choose to notice what is good and beautiful, the happier and more peaceful you will feel.

On the other hand, there are always things to complain about if that is your choice.

Instead of noticing the beauty of the flowers, you can complain about having to water them. Instead of being grateful for the opportunity to be alive, you can complain about how hard it is.

Instead of being grateful for the sun, the rain, or the snow, you can complain about how hot it is,

**Only Known by Tim :)
(sung to "Blowin' in the Wind" by Bob Dylan)
by Forrest Stone**

How many times does that number go in
To the three-digit number I see? I'm counting the
questions and counting the kids So I know which
one she will ask me. Why didn't I practice up on
my math And pass on that video spree?
The answer, my friend, is only known by Tim,
The answer is only known by Tim.
How many times must the history quiz Confuse
me until my head aches? (Oh yes and) how many
times must I re-do my math Before I learn from
my mistakes? And how many times must I calcu-
late pi And never get one piece of cake?
The answer, my friend, is only known by Tim,
The answer is only known by Tim.
Oh when was the Ice Age and where is Japan,
Which answer is best of these three? And what is
the name for the bones in your hand, And who is
this Robert E. Lee? My question is of a much sim-
pler kind, Which is, why are you asking me??
The answer, my friend, is only known by Tim,
The answer is only known by Tim.

how wet it is, how gloomy it is, or how cold it is.

Instead of being grateful for you food you eat, you can complain about how hard it is to cook it, or how expensive it is to buy it.

Instead of being grateful for your health, you can complain about your weight.

Instead of being grateful for your partner or your children, you can certainly find endless complains about them.

The more you complain, the more unhappy you will feel.

It is not the person or the situation or the event or the past or anything else that is causing your unhappiness - it is your choice to complain about it instead of discovering what is wonderful about it and being grateful for it.

Complaining is a form of control and the mind believes that if you complain enough, you can have control over getting what you want.

The really great thing is that, given we have free will, we get to choose to who we want to be, each and every moment!